

The Spiritual Diet:

Back to the Basics

1. Who am I?

I am the righteousness of God.
2 Corinthians 5:21

I am purchased.
1 Peter 1:18-19

2. What does that mean?

I am redeemed from the curse.
Galatians 3:13-14

3. What rights do I have?

I have covenant rights.
Hebrews 8:6

All God has is mine and all I have is His.
Romans 8:32

Stand on your promises; hold fast to that which is good.
1 Thessalonians 5:21

4. Do I believe it?

Without faith it is impossible to please God.
Hebrews 11:6

Where is it so we may hear it and do it. The Word is very near you in your mouth
and in your heart.
Romans 10:8

When you enter into believing you enter into rest.
Hebrews 4:2-3

Labor to enter into rest.
Hebrews 4:11

5. Am I willing to fight for it?

6. Am I willing to hold my ground or will I faint and waiver?

7. How do I fight?

Fight the good fight of Faith.
1 Timothy 6:12-13

8. Hear God's Word (feed on it).

Keep it fresh.

9. Believe God's Word.

10. Say or agree with God's Word.

11. Don't let your current circumstances shake you.

12. Receive His power and peace day by day, sometimes moment by moment.

13. Make up your mind what you want and don't settle for less.

Woman with the "Issue of Blood":
Mark 5:25-34

The Man Who Was Let Down through the Roof:
Luke 5:17-26

Taste and See that the Lord is Good!
Psalm 34:8