

The Ephesians Prayer

Confess these verses out loud over yourself and your family. Make it personal, put your name(s) in the blanks and believe what God is saying about you. Your life will change and grow into the abundant life God desires for you!

Ephesians 1:16-20

I pray constantly, asking God, the glorious Father of our Lord Jesus Christ, to give me, _____ spiritual wisdom and understanding, so that I might grow in the knowledge of God. I pray that my heart will be flooded with light so that I can understand the wonderful future He has promised to me and my family. I want to realize what a rich and glorious inheritance He has given to _____. I pray that I will begin to understand the incredible greatness of His power for _____ who believe him. This is the same mighty power that raised Christ from the dead and seated him in the place of honor at God's right hand in the heavenly realms.

Ephesians 3:14-21

When I think of the wisdom and scope of God's plan, I fall to my knees and pray to the Father, the Creator of everything in heaven and earth. I pray that from His glorious, unlimited resources he will give _____ mighty inner strength through His Holy Spirit. And I pray that Christ will be more and more at home in _____ heart as I trust in him. May _____ roots go down deep into the soil of God's marvelous love. And may I have the power to understand, as all God's people should, how wide, how long, how high, and how deep His love really is. May _____ experience the love of Christ, though it is so great I will never fully understand it. Then _____ will be filled with the fullness of life and power that comes from God. Now glory be to God! By His mighty power at work within _____, He is able to accomplish infinitely more than I would ever dare to ask or hope. May He be given glory in the church and in Christ Jesus forever and ever through endless ages. Amen.

- New Living Translation